

SVPA E-NEWSLETTER: JANUARY 2015

TABLE OF CONTENTS:

EVENT CALENDAR
UPCOMING CONFERENCES/WORKSHOPS
THE WRIGHT INSTITUTE: TWO UPCOMING CE EVENTS
1ST ANNUAL SVPA STUDENT RESEARCH CONFERENCE
SVPA BOARD MEETING MINUTES
IS VERBAL SYMBOLIZATION NECESSARY FOR CHANGE?
CLASSIFIEDS

EVENT CALENDAR

MARCH 2: SVPA BOARD MEETING
APRIL 18: STUDENT RESEARCH CONFERENCE
APRIL 23-26: CPA CONVENTION

Upcoming Conferences/Workshops

CPA Division 1 Conference: Building Competencies for Integrated Primary Care: What to Do & How to Do it

February 28
Millbrae

http://www.cpapsych.org/events/event_details.asp?id=498878&group=

The Society for Personality and Social Psychology 16th Annual Meeting

February 26-28
Long Beach

<http://spspmeeting.org/2015/General-Info.aspx>

Association for Women in Psychology Annual Conference

March 5-8
San Francisco

<http://awpsf2015.com/>

Annual Interpersonal Neurobiology Conference

"Play, Creativity, Mindfulness, & Neuroscience in Psychotherapy"
March 6-8
Los Angeles

https://www.uclaextension.edu/attachment/Pages/default.aspx?utm_source=ca_psych&utm_medium=print_ad&utm_campaign=attachment

2015 CPA Convention

April 23-26

San Diego

<http://www.cpapsych.org/?page=24>

2015 ABPP Conference

May 27-30

San Diego

<http://www.abpp.org/i4a/pages/index.cfm?pageID=3534>

The Wright Institute Presents Two Upcoming CE Events:

Unique Issues and Needs of Older Adults

Saturday, March 7, 2015, 9:00am to 4:00pm

Instructor: Melinda Ginne, PhD

Location: First Presbyterian Church of Berkeley

Geneva Hall, 1st Floor, Calvin Room

2407 Dana Street, Berkeley, CA 94704

To Register: <https://www.123signup.com/register?id=ysckt>

For more information:

http://www.wi.edu/pub/Ginne_flyer.pdf

Fees:

FREE for WI Faculty, Staff, pro-bono Collaborative Supervisors,
and Students (space permitting)

\$60 Non WI Students

\$90 WI Alums

\$150 General

Credits: 6 CE Hours

Culturally Competent Work with Filipino American Clients

Saturday, March 21, 2015, 9:00am to 4:00pm

Instructor: Kevin Nadal, PhD

Location: First Presbyterian Church of Berkeley

Geneva Hall, 1st Floor, Calvin Room

2407 Dana Street, Berkeley, CA 94704

To Register: <https://www.123signup.com/register?id=yyhft>

For more information:

http://www.wi.edu/pub/Nadal_Flyer.pdf

Fees:

FREE for WI Faculty, Staff, pro-bono Collaborative Supervisors,
and Students (space permitting)

\$60 Non WI Students

\$90 WI Alums

\$150 General

Credits: 6 CE Hours

Psychologists:

The Wright Institute is approved by the American Psychological Association (APA) to offer continuing education for psychologists. The Wright Institute maintains responsibility for this program and its contents.

California LMFTs, LCSW, LEPs, & LPCCs:

The Wright Institute is an approved provider of continuing education by the California Board of Behavioral Sciences, Provider number PCE 40. These courses meet the qualifications for the CE credit for LMFTs, LCSWs, LEPs, and LPCCs as required by BBS.

For more information, follow the registration links, click on the flyer links, or contact:

Wright Institute Continuing Education

510-841-9230 x114

julie@wi.edu

CE Website: www.wi.edu/continuing-education

Save The Date: SVPA's 1st Annual Student Research Conference

Saturday,
April 18, 2015

For questions about this event,
please contact Dr. Nathaniel
Mills via email at
drmills@nathanielmills.com
or via phone at
916-722-7792

We are proud to announce the **SVPA's 1st Annual Student Research Conference**, co-sponsored by the CSUS College of Social Sciences & Interdisciplinary Studies, which will be held at the CSUS Alumni Center on **Saturday, April 18, 2015** at **9:00 AM**.

This conference will feature 60 poster presentations and 4 oral presentations of original psychological research conducted by undergraduate and graduate psychology students from psychology programs in the greater Sacramento area.

General Admission:

This event is open to faculty, mental health professionals, and the general public for an admission fee of \$10 payable via registration on the SVPA website. Non-presenting students are eligible for a reduced fee of \$5 (student ID required at time of admission). Admission includes access to student presentations and a box lunch.

Student Presenters:

Students who wish to be considered for a presentation slot at this conference will need to complete the following:

- Complete registration as a presenter on the SVPA website by **3/15/2015** and submit a \$20 registration fee via the website. (Please note: this \$20 fee is non-refundable and does not guarantee acceptance of proposed presentations).
- Submit a 300 word abstract describing the nature of your research.

Presentation proposals will be judged based on the following criterion:

- ✓ What will the observer of this presentation learn about psychology that she or he did not know before?
- ✓ How well is this information presented?
- ✓ Why is this information important for the field of psychology?
- ✓ How are the claims made in the article justified by the methods used?

SVPA Board Meeting Minutes

Monday, January 12, 2015 - 7:00 - 8:30 pm

7700 Folsom Blvd., Sacramento 95825

Members Present: Nathaniel Mills, Ph.D., Carrie Getz, Psy.D., Daniel Rockers, Ph.D., Kilianne Kimball, Ph.D., Phil Clar, Ph.D., Amy Ahlfeld, Psy.D., Patricia Bach, Psy.D., Katherine Kruser, Rob Woodman, Ph.D., Ryan Cheperka, Ph.D., Candace Adams, Ph.D., Robin Zasio, Psy.D.

Unable to Attend: Penny McAlmond-Ross, Psy.D., Larry Nicholas, Ph.D., Lisa Barry, Psy.D.

2015 Board of Directors: Election Results:

President:	Dr. Mills
President-Elect:	Dr. Rockers
Secretary:	Dr. Getz
Treasurer:	Dr. Clar
LAN Chair:	Dr. McAlmond-Ross
Ethics Chair:	Dr. Nicholas
CE Chair:	Dr. Adams
Membership Chair:	Dr. Adams
Early Career Chair:	Dr. Getz
Events Committee Chair:	Dr. Barry
Liaison to CPA Board of Directors:	Dr. Getz & Dr. Woodman
Liaison-Forensic Division:	Dr. Clar
Diversity Chair:	Dr. Cheperka
Disaster Response Chair:	Dr. Woodman
Newsletter Editor:	Dr. Kimball
Student Representative:	Ms. Kruser
Members at Large:	Dr. Bach & Dr. Zasio
Community Liaisons:	Dr. Rockers & Dr. Getz

- Discussed and finalized 2015 Board Meeting schedule and identified which board members will be writing an article for the newsletter each month.
- Treasurer's Report Reviewed
- Update on the Student Research Conference, scheduled for April 18, 2015 at CSUS. See SVPA website for details and how to submit your research proposal for consideration.
- Discussed the annual community awards and proposed changes for the upcoming December awards
- Annual Strategic Planning Session: roundtable discussion
- SVPA's Diversity Chair will continue to lead the Sacramento Multicultural and Diversity Therapist Group. All members are encouraged to consider joining this group and attending the Meetups (search for the group on Meetup.com for information on how to join)

2015 Board Meetings - Mondays 7:00 - 8:30 pm, Sutter Center for Psychiatry, 7700 Folsom Blvd., Sacramento 95825:

- ✓ January 12
- ✓ February 2
- ✓ March 2
- ✓ April 6
- ✓ May 4
- ✓ June 1
- ✓ (no meeting in July)
- ✓ August 3
- ✓ September 14
- ✓ October 5
- ✓ November 2
- ✓ December 12 - HOLIDAY PARTY!

Is Verbal Symbolization Necessary for Change?

Jim Adams, Psy.D.

jmhadams@frontiernet.net

The following is a very brief account of some of my therapeutic interactions that touch on the possible importance of verbal articulation for change. She has graciously agreed to let me share some of our work, and I have altered any possible identifying information. I may be behind the curve, but I find myself unclear about how procedural relational knowing differs from explicit relational knowing; all comments and thoughts are welcome. One of my patients is a young woman who suffered sexual and emotional abuse as a child. When I first began seeing her she was terrified of nearly everyone and everything. Our early sessions were filled with tearful recollections of her childhood. She was very closed off and seemed to withdraw within herself. In those early months I found myself agonizing about how to best relate to this woman who had suffered so greatly. At the time I had a vague belief that verbal articulation of enactments in the therapeutic relationship was necessary for healing. I wondered: How could I begin to access some of the unconscious interaction patterns she exhibited in our sessions?

My being able to shift into more of a holding stance appeared to promote her healing. Eventually, I was able to down-regulate myself and just be present with her, rather than obsessively fretting about what was not happening. As my ability to simply be present with her increased, she seemed less anxious and fearful. And, I began to wonder about my belief that change requires verbal symbolization. Was it really necessary to verbally symbolize the enactments between patient and therapist in order for change to occur? Further, what kind of change are we talking about?

Some authors have come down on the side of the necessity of verbal articulation in such instances (see e.g., Bromberg, 2006). This view suggests that nonverbal articulation is a communication between the therapist and patient, and that its meaning should be verbally explored to effect change. In contrast, the Boston Change Process Study Group (2002) takes the position that change occurs in the procedural domain between therapist and patient, and that this change happens nonverbally. Similarly, Fonagy (1999) has argued that the recovery of explicit memory is not key to therapeutic action.

Over a three year span of treatment, my patient has developed a stronger sense of self. She is less fearful of interacting with others, and has begun to feel increasingly positive about her life. She is now able to venture to places that previously had been too frightening. She does not yet speak much about her experience of me, though she has occasionally stated that she appreciates my being there for her. I feel fairly confident that her growth is largely the result of my being able to be more available and present. If one's relational sense of safety can be expanded or altered at an implicit level, what does the explicit articulation of enactments bring to the table? When the patient and I have verbally shared our experience of each other, it has felt more "substantial" than change resulting from a change in the implicit realm. But, that sensation is very subjective. All in all, I suspect that the relationship between implicit and explicit knowledge/awareness will take some time to elucidate.

Bromberg, P. (2006). *Awakening the dreamer*. Mahwah, NJ: The Analytic Press.

Bruchweiler-Stern et al (2002). Explicating the implicit: The local level and the microprocess of change in the analytic situation. *International Journal of Psychoanalysis*, 83, 1051-1062.

Fonagy, P. (1999). Memory and therapeutic action. *International Journal of Psychoanalysis*, 80, 215-223.

CLASSIFIEDS

Job Opportunity: Psychwest, Clinical & Forensic Psychology, Inc.

Are you interested in developing your knowledge of psychological assessments in the area of clinical and forensic psychology? Psychwest, Clinical & Forensic Psychology, Inc. is a leading California business providing numerous clinical and forensic evaluations. We provide extensive knowledge and experience utilizing psychological and forensic instruments including personality tests, cognitive tests and neuropsychological instruments. Psychwest, Clinical & Forensic Psychology, Inc. is home to the Mental Competency Assessment and Training (MCAT) Program, the Couples Communication Enrichment Program (CCEP), the Psychwest Continuing Education Program which provides continuing education credit opportunities for professionals, and the Psychwest Internship Program which provides supervision and training for both pre-doctoral and post-doctoral fellows. We are seeking a committed professional to fulfill the **Psychologist** position to evaluate infants, children, juveniles and adults utilizing numerous clinical and forensic assessments. Our professional approach is personalized, meeting each client's individual needs and identifying their unique mental health challenges.

This is a great opportunity to merge your passion for psychology into a more varied and dynamic career. You will join an equally enthusiastic and experienced clinical and forensic team who shares your desire to utilize assessments in the field of psychology. We provide comprehensive training, support and guidance in assisting you with your professional development. If you want to be a part of an innovative organization with rewarding new challenges as a compassionate and professional clinical and forensic **Psychologist**, apply today and don't let this career opportunity pass you by!

Job Responsibilities

As a **Psychologist** you should be committed, compassionate, and detail oriented. You will be working with a variety of clients in a professional setting with a range of clinical and forensic assessments including:

Forensic Evaluations:

- ☒ Child Custody Evaluations (730 & 3110)
- ☒ Competency to Stand Trial Evaluations (PC 1368 & WIC 709)
- ☒ Mental State at the Time of the Offense Evaluations
- ☒ Sex Offender Evaluations (288.1) & Sexually Violent Predator Civil Commitment Evaluations (WIC 6600)
- ☒ Risk for Future Violence Evaluations
- ☒ 457 Arson Risk Assessments
- ☒ Substance Abuse Evaluations
- ☒ Disability and Workers' Compensation Evaluations

Clinical Evaluations are provided for individuals with ADHD, Autism, Depression, Anxiety, Personality Disorders and other Mental Health and Childhood Disorders. Pre-surgical evaluations are also performed (i.e., Gastrointestinal Surgery & Spinal Stimulation Surgery).

Additional responsibilities for our **Psychologist** include:

- Complete comprehensive clinical and forensic mental health evaluations including test administration and report writing with interpretations, recommendations and diagnoses
- Serve all ages of clients including infants, children, juveniles, and adults
- Participate in staff conferences to evaluate and discuss client evaluations
- Supervise interns, fellows, and other mental health trainees
- Conduct assessments in both company offices (Yuba City & Granite Bay) as well as in the community and correctional facilities
- Advancement opportunities are possible, if desired, with increased duties including company and program expansion and management and presentation of professional presentations and courses.
- Develop rapport with clients and maintain a respectful environment
- Maintain case management duties including report writing and progress notes
- Communicate consistently with other applicable team members regarding job responsibilities
- Communicate with outside agencies and the criminal justice system
- Travel 1-2 times per week to complete outside assessments
- Use of computer applications (Microsoft Word, Excel, PowerPoint)

Job Requirements

As a Psychologist, you must be enthusiastic and efficient with the ability to adjust to various assessment requirements. Excellent organizational skills and the ability to communicate clearly and effectively, both verbally and in writing, are essential.

Additional requirements of our Psychologist include:

- California state professional licensed psychologist or post-doctoral intern
- Valid California driver's license
- Quickly adapt to change and demonstrate flexibility to adjust to company needs using problem solving abilities
- Effectively plan and demonstrate organizational skills, an efficient work style, attention to detail, time management and prioritization
- Ability to serve as an effective and positive force within the company
- Willingness to travel
- Maintain communication and a consistent cooperative attitude in working with applicable program team members

Benefits

As a Psychologist with Psychwest, Clinical & Forensic Psychology, Inc. you will enjoy a professional, yet relaxed working environment, as well as receive superior internal training opportunities along with support and knowledge from our experienced forensic team. Our primary office is located in Yuba City with additional branches throughout California.

Qualified Employees receive:

- Medical Insurance Coverage
- Paid Time Off / PTO
- Simple IRA Savings Plan

- Mileage Reimbursement (and stipends if thresholds are exceeded)
- Work laptop

If you are interested in this position, please send the following to jobs@psychwest.com

- 1) Resume
- 2) Completed application (found at www.psychwest.com/Jobs.html)

Retirement Announcement:

After 35 fulfilling years, I'm closing Fall Creek Counseling Associates. Great opportunity to purchase discounted office furnishings (9 rooms!), electronics, supplies, clinical and forensic assessments, and sacramentopsychology.com domain name! Contact Debra Moore at drdmoore@mac.com for list and info.

MIND Institute Recruitment:

The MIND Institute is currently recruiting participants for two research studies:
 "Studying the Development of Impulsivity and Self-Control" – Please see attached LEIA flyer
 "Understanding the Effect of ADHD Medication on Brain Functioning" – Please see attached MINT flyer

Divorce Options Workshop:

- A community service workshop held the second Saturday of each month
- Locations in Folsom, Sacramento, Roseville, Davis & Fairfield
- DIVORCE OPTIONS deals with the legal, financial, family and personal issues of divorce in a logical, yet compassionate way
- With the guidance of trained legal, financial and mental health professionals, workshop participants gain a greater understanding of the confusing and overwhelming divorce process
- DIVORCE OPTIONS will give you the basic knowledge you need to select the best divorce process option saving time, money and frustration
- Cost for the 4-hour DIVORCE OPTIONS workshop is \$45.00 cash/check (no credit cards) at the door. MENTAL HEALTH PROFESSIONALS can either attend for FREE or pay the \$45.00 and receive CEUs
- No advance registration required

TIME

Registration: 8:00 - 8:30 a.m.

Workshop: 8:30 a.m. to 1:00 p.m.

DATES/LOCATIONS –2015

- February 21 at Homewood Suites, 4755 Business Center Dr, Fairfield
- March 7 at Hallmark Inn, 110 F Street, Davis
- March 14 at Holiday Inn Express, 1398 E Roseville Parkway, Roseville
- April 11 at Courtyard Marriott – TBA (please see the website)
- April 18 at Homewood Suites, 4755 Business Center Dr, Fairfield
- May 9 at Courtyard Marriott - Midtown, 4422 Y Street, Sacramento
- May 16 at Hallmark Inn, 110 F Street, Davis
- June 13 at Holiday Inn Express, 1398 E Roseville Parkway, Roseville
- June 20 at Homewood Suites, 4755 Business Center Dr, Fairfield

- July 11 at Courtyard Marriott – TBA (please see the website)
- August 8 at Courtyard Marriott - Midtown, 4422 Y Street, Sacramento
- August 15 at Homewood Suites, 4755 Business Center Dr, Fairfield
- September 12 at Holiday Inn Express, 1398 E Roseville Parkway, Roseville
- September 19 at Hallmark Inn, 110 F Street, Davis
- October 10 at Courtyard Marriott – TBA (please see the website)
- October 17 at Homewood Suites, 4755 Business Center Dr, Fairfield
- November 7 at Courtyard Marriott - Midtown, 4422 Y Street, Sacramento
- December 12 at Holiday Inn Express, 1398 E Roseville Parkway, Roseville

For more details and locations/dates of future workshops visit www.DivorceOptions.com

Sponsored by the Sacramento Collaborative Practice Group, a nonprofit organization comprised of legal, financial and mental health professionals helping people through divorce.

